



GROUP FITNESS SCHEDULE SEPTEMBER 2017

ZONES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ALL/VALUE	 9:00-10:00	 9:00-10:00	 9:00-10:00	 9:00-10:00	 9:00-10:00	 11:30-12:30
ALL	 17:30-18:30	 17:30-18:30	 17:30-18:30	 17:30-18:30	 17:30-18:30	
ALL	 18:30-19:30	 18:30-19:30	 18:30-19:30	 18:30 - 19:30	 18:30-19:30	
ALL	 18:30-19:30		 18:30-19:30		 18:30-19:30	
ALL	 19:30-20:30	 19:30-20:30	 19:30-20:30	 19:30-20:30	 19:30 - 20:00	
ALL/VALUE	 20:30 - 21:30	 20:30 - 21:30	 20:30 - 21:30	 20:30 - 21:30	 20:00 - 21:00	